

CURRICULUM VITAE

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MARJAN MOKHTAREH
M.D.



Place of Birth: Abadeh – Iran

Date of Birth: 04/04/1971

Nationality: Iranian

EDUCATION

High School Diploma	Biology	Asieh High School, Shiaz, Iran	Sep 1985 – Jun 1989
M.D. (Medical Doctor)	Medicine	Shiraz University of Medical Sciences, Shiraz, Iran	Sep 1989 – Nov 1996
Specialty of Internal Medicine	Medicine	Mazandaran University of Medical Sciences, Sari, Iran	Sep 2001 – Sep 2005
Sub-Specialty of Gastroenterology and Hepatology	Medicine	Mazandaran University of Medical Sciences - Imam Khomeini	Sep 2011 – Sep 2013

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Hospital, Sari, Iran

WORK EXPERIENCE

General Practitioner, Private Office, Shiraz, Iran <ul style="list-style-type: none">• Taking History• Physical examination• Diagnosis & Treatment	Oct 1996 – Jun 2001
Internist, Private Office, Sari, Iran <ul style="list-style-type: none">• Taking History• Physical examination• Diagnosis(e.g: endoscopy, paracentesis, pleural biopsy, Bone marrow Aspiration and biopsy and etcetra) & Treatment	Apr 2006 – Sep 2011
University Undergraduate & Post Graduate Tuition, Mazandaran University of Medical Sciences,Sari, Iran <ul style="list-style-type: none">• Training students & residents in Clinical Skills	Apr 2009 – Sep 2011
University Undergraduate Tuition, Azad Islamic University of Sari, Sari, Iran <ul style="list-style-type: none">• GI-Physiopathology Course	Apr 2014 – Jul 2014
Associate Professor of Gastroenterology & Hepatology <ul style="list-style-type: none">• Taught Undergraduate and Postgraduate medical students & Gastrointestinal Fellows, Mazandaran University of Medical Sciences, Mazandaran, Iran• Taught Undergraduate and Postgraduate medical students & Gastrointestinal Fellows,Rasoul-e-Akram Hospital, Iran University of Medical Sciences, Tehran, Iran	Dec 2013–May 2014 May 2014 - Present
Gastroenterologist &Hepatologist, Rasul-e-Akram Hospital, Tehran, Iran <ul style="list-style-type: none">• Taking History• Physical examination• Diagnosis & Treatment• Upper endoscopy• Colonoscopy• Liver biopsy and Fibroscan• PH-Metry and Manometry• Diagnostic and Therapeutic interventions via endoscopy; Narrow Band Imaging (NBI) Interpretation, Band Ligation, Polypectomy, etc.• Research Administrator and researcher in Colorectal Research Center	May 2014 - Present

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RESEARCH

1.	<p>Comparison of radiotherapy and surgical therapy in Ewing sarcoma</p> <p>M.D. Thesis (Retrospective Study).</p>	1996
2.	<p>Evaluation of correlation between Alpha one anti-trypsin deficiency and moderate to severe asthma</p> <p>Internal Medicine Thesis</p>	2005
3.	<p>Comparison of Helicobacter Pylori treatment regimens (Clarithromycin and/or Furazolidon containing regimens in Sari, in the North of Iran)</p>	2011 - 2013
4.	<p>Evaluation of changes in serum Pepsinogen and Gastrin levels in response to the eradication of H. Pylori infection.</p>	2013
5.	<p>First line and second line regimens for H. Pylori eradication.</p>	2013-2014
6.	<p>Current researches in H. Pylori & Metabolic Syndrome-GI bleeding-Drug and endoscopic intervention in obesity-Constipation-HCV hepatitis treatment &NASH-Functional GI disorders &IBS-GERD</p>	2014
7.	<p>Enrichment of the probiotic yogurt with the Broccoli sprout extract and its effect on H. Pylori.</p>	2015-2016
8.	<p>Research Administrator in Colorectal Research Centre – IUMS, especially in GI - Motility and Functional Disorders (Google Scholar H-Index =7,Scopus Index=4)</p>	2014 – PRESENT

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PUBLICATIONS

1.	<p>Mokhtare M, Taghvaei T, TirgarFakheri H.</p> <p>Acute Bleeding In Duodenal Gastrointestinal Stromal Tumor.</p> <p>Middle East J Dig Dis 2013; 5:47-51.</p>
2.	<p>Mokhtare M, Valizadeh SM , Emadian SO.</p> <p>Lower gastrointestinal bleeding due to Non-steroid Anti-inflammatory Drug-induced Colopathy, Case Report and Literature Review.</p> <p>Middle East J Dig Dis 2013;5(2); 107-111</p>
3.	<p>SARDARIAN H, FAKHERI H, HOSSEINI V, TAGHVAEI T, MALEKII, MOKHTARE M.</p> <p>COMPARISON OF HYBRID AND SEQUENTIAL THERAPIES FOR HELICOBACTER PYLORI ERADICATION IN IRAN</p> <p>A PROSPECTIVE RANDOMIZED TRIAL HELICOBACTER 2012; NOV 4</p>
4.	<p>Kashi Z, Torabizadeh Z, Akha O, Yaseri A, Shahidi MH, Mokhtare M.</p> <p>Combination of aspiration and non-aspiration fine needle biopsy for cytological diagnosis of thyroid nodules.</p> <p>Caspian J of Intern Med 2011; Vol 2 (4):299-303.</p>
5.	<p>Hosseini V, Mokhtare M, H,Fakheri , Taghvaei T, Maleki I, Valizadeh SM, Massarrat Mashhadi MS, Khalilian</p> <p>A Comparison of Quadruple and Triple drug regimens containing Furazolidone on eradication of Helicobacter Pylori.</p> <p>European Gastroenterology Congress 2013 ; Poster with Abstract Submission; UEG 13-ABS-4964</p>
6.	<p>Torabizadeh Z, Maleki I, Montazer F, Naghshvar F, Mokhtare M.</p> <p>Evaluation of changes in Serum Pepsinogen and Gastrin levels in response to the eradication of Helicobacter Pylori Infection.</p> <p>European Gastroenterology Congress 2013 ; Poster with Abstract Submission;</p>

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UEG 13-ABS-4909

7.	<p>Zhila Torabizadeh, Farshad Naghshvar, Iradj Maleki, Fatemeh Montazer, Marjan Mokhtare.</p> <p>Correlation of Changes in Serum Gastrin with Helicobacter Pylori Eradication</p> <p>Journal of Mazandaran University of Medical Sciences 2014; Volume 23, Number 1.</p>
8.	<p>Vahid Hosseini 1, Marjan Mokhtare, Mohsen Gholami, Tarang Taghvaei, Iradj Maleki, Mohammad Valizadeh, Zohreh Bari, Hafez Fakheri.</p> <p>A Comparison between Moderate- and High-dose Furazolidone in Triple Regimens for Helicobacter pylori Eradication in Iran.</p> <p>Middle East J Dig Dis 2014; 6:</p>
9.	<p>MARJAN MOKHTARE, VAHID HOSSEINI, HAFEZ TIRGAR FAKHERI, IRADJ MALEKI, TARANG TAGHVAEI, SEYED MOHAMMAD VALIZADEH, HOSSEIN SARDARIAN , SHAHRAM AGAH, ALIREZA KHALILIAN.</p> <p>COMPARISON OF QUADRUPLE AND TRIPLE FURAZOLIDONE CONTAINING REGIMENS ON ERADICATION OF HELICOBACTER PYLORI,</p> <p>MEDICAL JOURNAL OF ISLAMIC REPUBLIC OF IRAN, ACCEPTANCE IN SEP 2014</p>
10.	<p>Marjan Mokhtare, Shahram Agah*, Hafez Fakheri, Vahid Hosseini, Mohsen Rezaei Hemami, Seyed Mohammad Sadegh Ghafoori.</p> <p>Efficacy of Clarithromycin Containing Bismuth–Based Regimen as a Second-Line Therapy in Helicobacter Pylori Eradication.</p> <p>Middle East Journal of Digestive Diseases; April 2015</p>
11.	<p>Neda Nozari , Akram Pourshams , Marjan Mokhtare .</p> <p>Review of Current Anti-Obesity Drugs in Obese Adults.</p> <p>Govareh 2015;20:18-26</p>
12.	<p>M Mokhtare, S Agah, M. Soltani – Kermanshahi, SMS Ghafoori. M Sheikvatan, AH Boghratian</p> <p>Reliability and validity of the Persian version of patient assessment of constipation quality of life (PAC-QOL) questionnaire.</p> <p>Journal of Gastroenterology and Hepatology (2015) 30 (Suppl. 3). Oral presentation with Abstract Submission. Gastro2015 international congress</p>

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13.	<p>S Agah, SMS Ghafoori, MA Sabahi, M Mokhtare.</p> <p>Two weeks fluconazole containing Bismuth-Based Regimen as a first line Helicobacter Pylori Treatment: A Pilot Study.</p> <p>Journal of Gastroenterology and Hepatology (2015) 30 (Suppl. 3), Poster with Abstract Submission, Gastro2015 international congress</p>
14.	<p>Mohsen Masoodi, Marjan Mokhtare, Shahram Agah, Mohammad Sina ,Mojtaba Soltani - Kermanshahi.</p> <p>Frequency of Celiac Disease in Patients with Increased Intestinal Gas (Flatulence)</p> <p>Global Journal of Health Science; Vol. 8, No. 6; 2016, Accepted: September 23, 2015</p>
15.	<p>Marjan Mokhtare, Mohammadreza Mohammad Hoseini - Azar, Ali Zare - Mirzaie, Abbas Gholami, Shahram Agah, Seyed Mohammad Sadegh Ghafoori.</p> <p>Fever, Weight Loss and Early Satiety due to Gastric Inflammatory Myofibroblastic Tumour (IMT)</p> <p>Case Report and Literature Review. Middle East Journal of Digestive Diseases (MEJDD), Vol.8, No.2, April 2016. Accepted: 2015/07/ 25</p>
16.	<p>Neda Nozari , Akram Pourshams , Marjan Mokhtare.</p> <p>Gastroenterologist and Bariatric Surgery</p> <p>Govaresh 2015; 20:151-60.</p>
17.	<p>MARJAN MOKHTARE*, VIDA BOZORGI, SHAHRAM AGAH, MEHDI NIKKHAH, AMIRHOSSEIN FAGHIHI, AMIRHOSSEIN BOGHRATIAN, NEDA SHALBAF, ABBAS KHANLARI, HAMIDREZA SEIFMANESH</p> <p>COMPARISON OF GLASGOW-BLATCHFORD SCORE AND FULL ROCKALL SCORE SYSTEMS TO PREDICT CLINICAL OUTCOMES IN PATIENTS WITH UPPER GASTROINTESTINAL BLEEDING</p> <p>Clinical and Experimental Gastroenterology,2016:9, Pages 337—343</p>
18.	<p>MARJAN MOKHTARE, MEHDI NIKKHAH, SHAHRAM AGAH, MOHSEN MASOODI.</p> <p>COMPARISON OF LEVOFLOXACIN AND CLARITHROMYCIN BASED SEQUENTIAL THERAPIES FOR HELICOBACTER PYLORI ERADICATION IN IRAN: A RANDOMIZED CLINICAL TRIAL</p> <p>24 TH EUROPEAN GASTROENTEROLOGY CONGRESS 2016 ; POSTER</p>

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	PRESENTATION OF ABSTRACT ;
19.	<p>SM Sadegh Ghafoori, Shahram Agah, Marjan Mokhtare, Mashaallah Aghilnejad</p> <p>Distribution of non-alcoholic fatty liver disease(NAFD) fixed -shift workers</p> <p>16th Iranian congress of gastroenterology and hepatology; Poster presentation of abstract. 2016</p>
20.	<p>Mohsen Masoodi, Haleh Chehrehgosha, Marjan Mokhtare, Amir Hossein Faghihi & Shahram Agah</p> <p>A Comparison between the New and the Conventional Method for Recapping of Needles in a Hospital Setting</p> <p>Received: April 18, 2016 Accepted: June 13, 2016 Online Published: July 11, 2016 Global Journal of Health Science; Vol. 9, No. 3; 2017</p>
21.	<p><i>Ali Reza Sadeghi, Rezvan Pourahmad, Marjan Mokhtare</i></p> <p>Enrichment of Probiotic Yogurt with Broccoli Sprout Extract and its Effect on Helicobacter pylori</p> <p>Applied Food Biotechnology Journal, 2017 , Vol 4, No 1</p>
22.	<p>Ramak Ghavam, Marjan Mokhtare*, Ali Zare-mirzaie, Alireza Aziz Ahari, Amirhosein Faghihi, Alireza Hejrati</p> <p>Severe Hepatotoxic Injury and Cirrhosis Due to Acitretin: A Case Review</p> <p>Govaresh, Vol.22, No.1, Spring 2017</p>
23.	<p>Elham Behrangi, Parvin Mansouri, Shahram Agah, Nasser Ebrahimi Daryani, Marjan Mokhtare, Zahra Azizi, Mona Ramezani, Masoumeh Rohani Nasab, Zahra Azizian</p> <p>Association between Helicobacter Pylori Infection and Alopecia Areata: A Study in Iranian Population</p> <p>Middle East Journal of Digestive Diseases (MEJDD) 2017. 9(2):107-110.</p>
24.	<p>Marjan Mokhtare*, Amirhossein Boghratian, Shahram Agah, Mehrdad Sheikhatan</p> <p>The Efficacy and Tolerability of Mebeverine in Irritable Bowel Syndrome: A Systematic Review and Meta-Analysis of Clinical Trials</p> <p>Gastroenterology J , April 2017, Volume 152, Issue 5, Supplement 1, Pages S719–S720</p>
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	<p>Nader Tavakoli, Marjan Mokhtare*, Shahram Agah, Ali Azizi, Mohsen Masoodi, Hassan Amiri, Mehrdad Sheikhvatan, Bahare Syedsalehi, Behdad Behnam, Mehran Arabahmadi and Maryam Mehrazi</p> <p>Comparison of the efficacy of intravenous tranexamic acid with and without topical administration versus placebo in urgent endoscopy rate for acute gastrointestinal bleeding: A double-blind randomized controlled trial</p> <p>United European Gastroenterology Journal, June 20, 2017</p>
26.	<p>Rahele Alimoradzadeh *, Marjan Mokhtare , Shahram Agah</p> <p>Comparing the Prevalence of Constipation Risk Factors in the Elderly With and Without Constipation in Hazrat-e Rasoul (PBUH) Hospital</p> <p>Salmand J ,2017, 12(1): 78-89</p>
27.	<p>Mokhtare M, Mirfakhraee H, Arshad M, Samadani Fard SH, Bahardoust M, Movahed A, Masoodi M.</p> <p>The effects of helicobacter pylori eradication on modification of metabolic syndrome parameters in patients with functional dyspepsia.</p> <p><u>Diabetes Metab Syndr J . 2017 Jul 27. pii: S1871-4021(17)</u></p>
28.	<p>Marjan Mokhtare, Rahele Alimoradzadeh, Shahram Agah *, Hossein Mirmiranpour, Niloofar Khodabandehloo,</p> <p>The association between the modulating inflammatory cytokines and constipation of geriatrics in Iran</p> <p><u>Middle East Journal of Digestive Diseases (MEJDD) 2017. 9(4):228-234</u></p>
29.	<p>Marjan Mokhtare1, Shahram Agah1, Mansour Bahardoost1, Amirhosein Faghihi1, Mitra Barati</p> <p>A COMPARISON BETWEEN THE STANDARD PEGYLATED INTERFERON AND RIBAVIRIN REGIMEN WITH AND WITHOUT VITAMIN B12 SUPPLEMENTATION ON SUSTAINED VIROLOGIC RESPONSE RATE IN CHRONIC HCV HEPATITIS IN IRAN, A RANDOMIZED CLINICAL TRIAL</p> <p>Hepatitis monthly J, September 2017, page 60-61 Poster presentation in 7th international hepatitis congress in Tehran</p>

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30.	<p>Marjan Mokhtare, Seyed-Mohammad-Sadegh Ghafoori, Mojtaba Soltani-Kermanshahi, Amir-Hosein Boghratian, Shahram Agah, Mehrdad Sheikhvatan</p> <p>Reliability and Validity of the Persian Version of Patient Assessment of Constipation: Quality of Life (PAC-QOL) Questionnaire</p> <p>Gastroenterology and Hepatology from Bed to Bench;Vol 10, No 4 (2017): Autumn</p>
31.	<p>Marjan Mokhtare, Ali Moshari, Mehrdad Sheykhvatan, Maryam Izadi, Shahram Agah</p> <p>Improvement of Dyspepsia Symptoms Following Helicobacter Pylori Infection in Iranian Population: Systematic Review</p> <p>Iranian Congress of Gastroenterology and Hepatology (ICGH) 2017, Abstract poster presentation, no (T-S-088)</p>
32.	<p>Mansour Bahardoust, Shahram Agah, Arash Sarveazad, Amir Hossein Faghihi, Asrin Babahajian, Hashemi Kiapay, Seyed Ali, Farnaz Farsi, Marjan Mokhtare*</p> <p>Comparison of hepatitis C virus risk factors in genotypes 1a and 3a</p> <p>Tehran University Medical Journal, Vo76, Issue3, 185-190</p>
33.	<p>Shahin Merat,, Marjan Mokhtare,, Reza Malekzadeh. (A national study)</p> <p>LBP-008 /SD1000;96.4% SVR12 in 1237 patients with hepatitis C genotypes 1,2,3,4 using co-formulated sofosbuvir/daclatasvir tablets manufactured in Iran- a multicenter phase 3 clinical trial including HIV co-infected, transplant, and hemolysis patients</p> <p>GHS-Toronto, Journal of viral hepatitis, Abstract publication</p>
34.	<p>Mohsen Masoodi, Mohammad Ali Mahdiabadi, Marjan Mokhtare, Sharam Agah, Amir Hossein Faghihi Kashani, Amir Mansoor Rezadoost, Mohammad Sabzikarian, Atefeh Talebi, Amirhossein Sahebkar</p> <p>The efficacy of curcuminoids in improvement of ulcerative colitis symptoms and patients' self-reported well-being: A randomized double-blind controlled trial</p> <p>Journal of cellular biochemistry, 2018 Aug 21. doi: 10.1002/jcb.27273</p>

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35.	<p>Mansour Bahardoost , Shahdieh Karimi , Alireza Hejrati , Farshad Naserifar , Peyman Namdar , Arezoo Chaharmahali , Marjan Mokhtare*</p> <p>A Comparison between Polyethylene Glycol and Abdominal Massage on Symptoms and Quality of Life Improvement in Functional Constipation: A Randomize Clinical Trial Study</p> <p>Jornal Of Isfahan Medical School, 2018(Issue 480)</p>
36.	<p>Marjan Mokhtare , Mohammadreza Asadipanah Mansour Bahardoust Arezoo Chaharmahali Masoomeh Khalighi Sikaroudi Mohammad Khoshdelnezamiha Farbod Abbaskhani Davanloo Mohsen Masoodi Leyla Bahadorizadeh</p> <p>Efficacy of adding Luvos® Healing Earth supplementation to mebeverine in improving symptoms and quality of life of patients with diarrhea-predominant irritable bowel syndrome: A randomized clinical trial</p> <p>Biomedical Research and Therapy; 5 (10), 2776-2783</p>
37.	<p>Shahin Merat, Amir-Houshang Sharifi, Ali Akbar Shayesteh, Mohammad Minakari, Mohammad Reza Fattahi, Maryam Moini, Fatemeh Roozbeh, Fariborz Mansour-Ghanaei, Behrooz Afshar, Marjan Mokhtare, Taghi Amiriani, Masomeh Sofian, Mohammad-Hossein Somi, Shahram Agah, Iradj Maleki, Maryam Latifnia, Ahmad Hormati, Masoud Khoshnia, Masoud Sohrabi, Reza Malekzadeh</p> <p>The combination of sofosbuvir and daclatasvir is well tolerated and extremely effective in treating patients with hepatitis C with severe renal impairment including ...</p> <p>Journal of Hepatology;2019,70,E233</p>
38.	<p>Marjan Mokhtare, Ahmad Darvishi Zeidabadi, Mansour Bahardoust, Saeid Safari, Mitra Barati, Shahram Agah, Mahsa Motavaf</p> <p>The efficacy of adding vitamin B12 to pegylated interferon and ribavirin treatment in Hepatitis C virus patients regarding the host and viral prognostic factors.</p> <p>Biomedical Research and Therapy,2019;6(2),3016-3026</p>

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WORKSHOPS

1.	Research methodology workshop (Primary)	2001
2.	Research methodology workshop (Advanced)	2011
3.	Traditional and complementary medicine workshops (3 workshops)	2010
4.	Traditional and complementary medicine conference	2010
5.	Research methodology workshops (primary and advanced SPSS)	2014
6.	Research methodology workshop (evidence based medicine)	2014
7.	Research methodology workshop (RCT and interventional study)	2014
8.	Research methodology workshop (descriptive and analytic study)	2014
9.	Power-point slide workshop	2014
10.	Advanced editors workshop (Elsevier literature-tums)	2014
11.	Knowledge, Translation, Exchange and Commercialization workshop	2015
12.	Endoscopic mucosal resection(EMR) and colonoscopy workshop	2015
13.	Manometry and PH-metry workshop (Neurogastroenterology, ESGE)	2016
14.	Advanced Therapeutic Endoscopy postgraduate course and workshop	2017

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LECTURES AND REVIEWES

1.	Speaker in the Diabetes Mellitus & Nutrition seminar (lecture)	2010
2.	Reviewer of Middle East Journal of Digestive Disease, Medical Journal Islamic Republic of Iran,Govaresh Journal ,and Journal of Minimally Invasive Surgical Sciences	2014-Present
3.	Speaker in 15 th Iranian Congress of Gastroenterology and Hepatology (lecture-postgraduate course ;Treatment of Wilson Disease)	2015
4.	Speaker in the GESA-AGW &WGO international congress(have an oral presentation "Reliability and Validity of the Persian Version of Patient Assessment of Constipation Quality of Life Questionnaire (PAC-QOL)")	2015
5.	Speaker in 27 th Annual Congress of Iranian Society of Internal Medicine; Endoscopy Workshop: How we do endoscopy? And the paper presentation about Pylori eradication regimens.	2016
6.	Reviewer of Journal of Gastroenterology ,Pancreatology and Liver disorders. Reviewer of Journal of Gastroenterology and Hepatology Research	2017

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MEMBERSHIPS

1.	Physician membership, Medical Council Association of Islamic Republic of Iran	1996 - Present
2.	Iranian Association of Gastroenterology	2010 – Present
3.	Traditional and complementary medicine research center, Mazandaran University of Medical Sciences	2009 - 2011
4.	Inflammatory Disease of Upper Gastrointestinal Tract Research centre, Mazandaran University of Medical Sciences	2014
5.	Colorectal Research Centre ,Iran University of Medical Sciences	2014 – Present
6.	AGA membership	2015 – Present
7.	EASL membership	2015 - Present
8.	ESGE membership	2016-Present
9.	ROME Foundation as a member	2016-Present

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HONOURS & REWARDS

1.	5th Rank in Board Exam of Internal Medicine.	2005
2.	1 st Rank in Board Exam for Sub-Specialty of Gastroenterology & Hepatology	2013

PRIZES AND REWARDS

Honours for receiving a letter of appreciation and prize from the Minister of Health & Medical Education of Iran for ranking 1 st in the board exam	Sep 2013
Gold Medallist in the 8 th women's volleyball Competitions of Universities of Medical Sciences in the North of Iran, Semnan, Iran	Sep 2010

LANGUAGE SKILLS

LANGUAGE	READING SKILLS	WRITING SKILLS	LISTENING SKILLS	SPEAKING SKILLS
Farsi	Excellent	Excellent	Excellent	Excellent
English	Academic IELTS 6.0 (Dec 2009)	Academic IELTS 6.0 (Dec 2009)	Academic IELTS 6.0 (Dec 2009)	Academic IELTS 6.0 (Dec 2009)

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FIELDS OF INTEREST

- **GI Tract Motility disorder & IBS**
- **H. Pylori & Functional GI Disorders**
- **GERD**
- **GI Bleeding**
- **IBD**
- **Liver Disease(HCV,NASH & Cirrhosis)**

AREAS OF INTEREST & ENTERTAINMENT

- Travelling
- History & archaeological sites
- Exercise (Volleyball , swimming)
- Music & Films